

Schedule for weekend sessions

in Rinpoche's presence:

Saturday	10 am–midday	- recitation of <i>The Necklace of the Fortunate (Jorchö)</i>
	2–2.55 pm	- meditation on the lamrim teaching given during the last weekend session
	3.15–5.15 pm	- Lamrim teaching given by Venerable Dagpo Rinpoche
	5.15–6 pm	- question and answer session on the teaching in study programme groups
Sunday	9–9.55 am	- recitation of the <i>Ganden Lha Gyama</i>
	10 am–midday	- Lamrim teaching given by Venerable Dagpo Rinpoche
	1.45–2.10 pm	- question and answer session on the teaching in study programme groups
	2.10–4:10 pm	- study programme session with tutor: the basics of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	4.15–4.20 pm	- dedication
	4.20 pm	- tea, tidying up and cleaning

in Rinpoche's absence:

Saturday	10 am–midday	- recitation of <i>The Necklace of the Fortunate (Jorchö)</i>
	2–3 pm	- meditation on the lamrim teaching given during the last weekend session
	3.15–5.15 pm	- study programme session with tutor: the basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
Sunday	9–9.55 am	- recitation of the <i>Ganden Lha Gyama</i>
	10 am–midday	- study programme session with tutor: the basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	1.45–2.45 pm	- study programme session with tutor
	2.45–3.40 pm	- study programme session without tutor
	3.50–3.55 pm	- dedication
	4 pm	- tea, tidying up and cleaning

The Institutes need your help!

The Institutes depend heavily on volunteers to function. Once a month, we organize a weekend for the upkeep of the buildings and grounds so we can continue to receive people for Dharma activities in the best possible conditions. Even if you can only spare a few hours, your help is very welcome. Please remember that participating in this type of activity should be thought of as Dharma practice.



INSTITUT GANDEN LING, INSTITUT GUÉPÈLE,
INSTITUT BOUDDHISTE DU LAMRIM
Teachings given by Venerable Dagpo Rinpoche and other activities of the Institutes

February–July 2023



Updated 06/03/2023 – Please note that the schedule is subject to change. For the most recent updates: 01 60 70 39 81 (answering machine) or <http://www.gandenling.org> or @GandenLing

Location of activities: Due to the Coronavirus epidemic, the regular meeting places indicated below may be replaced by a videoconference via Zoom or an activity done independently from home. Please consult the website or the answering machine regularly for the latest updates.

PARIS: FORUM 104, 104 rue de Vaugirard, Metro Montparnasse or Saint-Placide
-Tuesday evenings: study sessions from 7 to 8.30 pm
VEUX: 34bis rue du Viaduc, 77250 Veneux-Les Sablons. Access by “Chemin de la Passerelle” (only for pedestrians).
-Weekend sessions at Yiga Tcheudzine: Saturday & Sunday from 10 am to 6 pm
-Saturday or Sunday morning at Yiga Tcheudzine: recitation of *The Necklace of the Fortunate* or *The Southern Lineage Six Preliminary Practices* at 10.30 am
-Upkeep (cleaning and gardening) of the Institutes: from 10 am to 5 pm. It is **imperative** to sign up for this beforehand – please contact Ivan (06 07 66 92 94) for cleaning and Sophie (06 10 55 22 74) for gardening. Please note that dates may be modified according to the number of participants.
NB An English translation is only available for teachings!

FEBRUARY 2023

Please request Zoom connection codes the day before at the latest.

Thurs 2, 9, 16, 23	At home	Zoom, 7–7.45 pm: “ The little things that do us good ” by a Buddhist nun
Sat 4–Sun 5	Veneux/ At home	At the request of Institute Kadam Chöling (Holland), Venerable Dagpo Rinpoche will give a teaching from Ganden Ling in Veneux on <i>The Seven Points of Mind Training</i> by Geshe Chekawa. The teaching will be translated into French and English and webcast on Youtube.
Tues 7, 21	At home	Zoom, 7–8.30 pm: “ Discover the Buddha’s teaching ” – the three root causes of our suffering: attachment
Sat 11	Veneux/ At home	Info: Lamrim meditation day – see retreat calendar
Sun 12, 26	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> . At Yiga Tcheudzine with protective measures observed (distancing, mask, gel, etc.)
Tues 14	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Sat 18–Sun 19	Veneux/ At home	Weekend session (see details p. 4) with study programme and teaching given by Venerable Dagpo Rinpoche from Ganden Ling in Veneux on the lamrim <i>The Quick Path</i> using the commentary from Je Lamrimpa on <i>The Seven Points of Mind Training</i> .
Tues 21	Veneux/ At home	We will celebrate Losar over Zoom and at Yiga Tcheudzine around 7 am. More information about this will be sent by email.
Sun 26	Veneux/ At home	Presentation given by Geshe Lobsang Tenzin lags on “ Awareness and knowledge ” (Lorig) from 2–4.30 pm

MARCH 2023		
<i>Please request Zoom connection codes the day before at the latest.</i>		
Sat 4–Sun 5	Veneux/ At home	Info: Purification retreat based on the 35 Buddhas of Confession practice. Registration essential: gandenling.retraites@gmail.com
Tues 7, 21	At home	Zoom, 7–8.30 pm: “ Discover the Buddha’s teaching ” – the three root causes of our suffering: ignorance
Sat 11	Veneux/ At home	Presentation given by Geshe Lobsang Tenzin lags on “ Awareness and knowledge ” (Lorig) from 2–4.30 pm
Thurs 9, 16, 23, 30	At home	Zoom, 7–7.45 pm: “ The little things that do us good ” by a Buddhist nun
Sun 12, 26	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> . At Yiga Tcheudzine with protective measures observed (distancing, mask, gel, etc.)
Tues 14, 28	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Sat 18–Sun 19	Veneux/ At home	Weekend session with study programme and teaching given by Venerable Dagpo Rinpoche from Ganden Ling in Veneux at the request of Institute Kadam Tcheuling Méditerranée – the end of the cycle on the six perfections: “wisdom”. The teaching will be translated into French and English and webcast on Youtube.
Sat 25	Veneux	Info: Lamrim meditation day – see retreat calendar
APRIL 2023		
<i>Please request Zoom connection codes the day before at the latest.</i>		
Sat 1	Veneux/ At home	3.30 pm: Annual general meeting of the Institutes
Sun 2	Veneux/ At home	35 Buddhas of Confession purification practice
Tues 4	At home	Zoom, 7–8.30 pm: “ Discover the Buddha’s teaching ”
Thurs 6, 13	At home	Zoom, 7–7.45 pm: “ The little things that do us good ” by a Buddhist nun
Sun 9, 16	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> . At Yiga Tcheudzine with protective measures observed (distancing, mask, gel, etc.)
Tues 11	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Sat 22 April– Mon 1 May	Veneux/ At home	Info: Great lamrim retreat from the evening of Saturday, 22 April to midday on Monday, 1 May.
MAY 2023		
<i>Please request Zoom connection codes the day before at the latest.</i>		
Sun 7, 21	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> . At Yiga Tcheudzine with protective measures observed (distancing, mask, gel, etc.)
Tues 9, 23	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Thurs 11, 25	At home	Zoom, 7–7.45 pm: “ The little things that do us good ” by a Buddhist nun
Sat 13	Veneux/ At home	Info: Lamrim meditation day – see retreat calendar
Tues 16, 30	At home	Zoom, 7–8.30 pm: “ Discover the Buddha’s teaching ”
Sat 27–Sun 28	Veneux/ At home	Weekend session (see details p. 4) with study programme and teaching given by Venerable Dagpo Rinpoche from Ganden Ling in Veneux on the lamrim The Quick Path .

JUNE 2023		
<i>Please request Zoom connection codes the day before at the latest.</i>		
Thurs 1, 8, 22, 29	At home	Zoom, 7–7.45 pm: “ The little things that do us good ” by a Buddhist nun
Sat 3	Veneux/ At home	Info: Lamrim meditation day – see retreat calendar
Sun 4	Info	VESAK – Saga Dawa
Tues 6, 20	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Sat 10–Sun 11	Veneux/ At home	At the request of Institute Kadam Tcheuling Bordeaux and Institute Kadam Tcheuling Grand Avignon , Venerable Dagpo Rinpoche will give a teaching from Ganden Ling in Veneux on the <i>sapche</i> The Precious Master’s Instructions . The teaching will be translated into French and English and webcast on Youtube.
Tues 13, 27	At home	Zoom, 7–8.30 pm: “ Discover the Buddha’s teaching ”
Thurs 15–Sat 17	Veneux	Preparation for open day at the Institutes
Sun 18	Veneux/ At home	Open day at the Institutes from 10 am to 6 pm
Sun 25	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> . At Yiga Tcheudzine with protective measures observed (distancing, mask, gel, etc.)
JULY 2023		
<i>Please request Zoom connection codes the day before at the latest.</i>		
Sat 1–Sun 2	Veneux/ At home	Weekend session with study programme (Saturday afternoon) and 1000 offerings to Arya Tara practice
Sun 9, 16, 23, 30	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> . At Yiga Tcheudzine with protective measures observed (distancing, mask, gel, etc.)
Sat 15	Veneux/ At home	Info: Lamrim meditation day – see retreat calendar
Mon 24–Fri 28	Veneux/ At home	Info: Unguided learning/reflection/meditation retreat on “mind and mental factors”. Registration essential: gandenling.retraites@gmail.com

The activities of the associations founded by Venerable Dagpo Rinpoche

The Congregation, Ganden Ling Institute, a Buddhist religious congregation, works in association with the Buddhist Institute of the Lamrim and the Guépèle Institute on all the activities concerning them.

The Buddhist Institute of the Lamrim is a religious association which organizes prayers, ceremonies and Buddhist celebrations: *The Necklace of the Fortunate*, 1000 Offerings to Arya Tara, Purification Practices of the 35 Confession Buddhas, Ganden Namchö, Lhabab Duchen.

The Guépèle Institute is an association under the French law 1901 which organizes the monthly sessions of the study programme, teachings in Paris, group studies at Forum 104, rue de Vaugirard in Paris, and those in Veneux-les-Sablons.

Email: guepele@gandenling.org